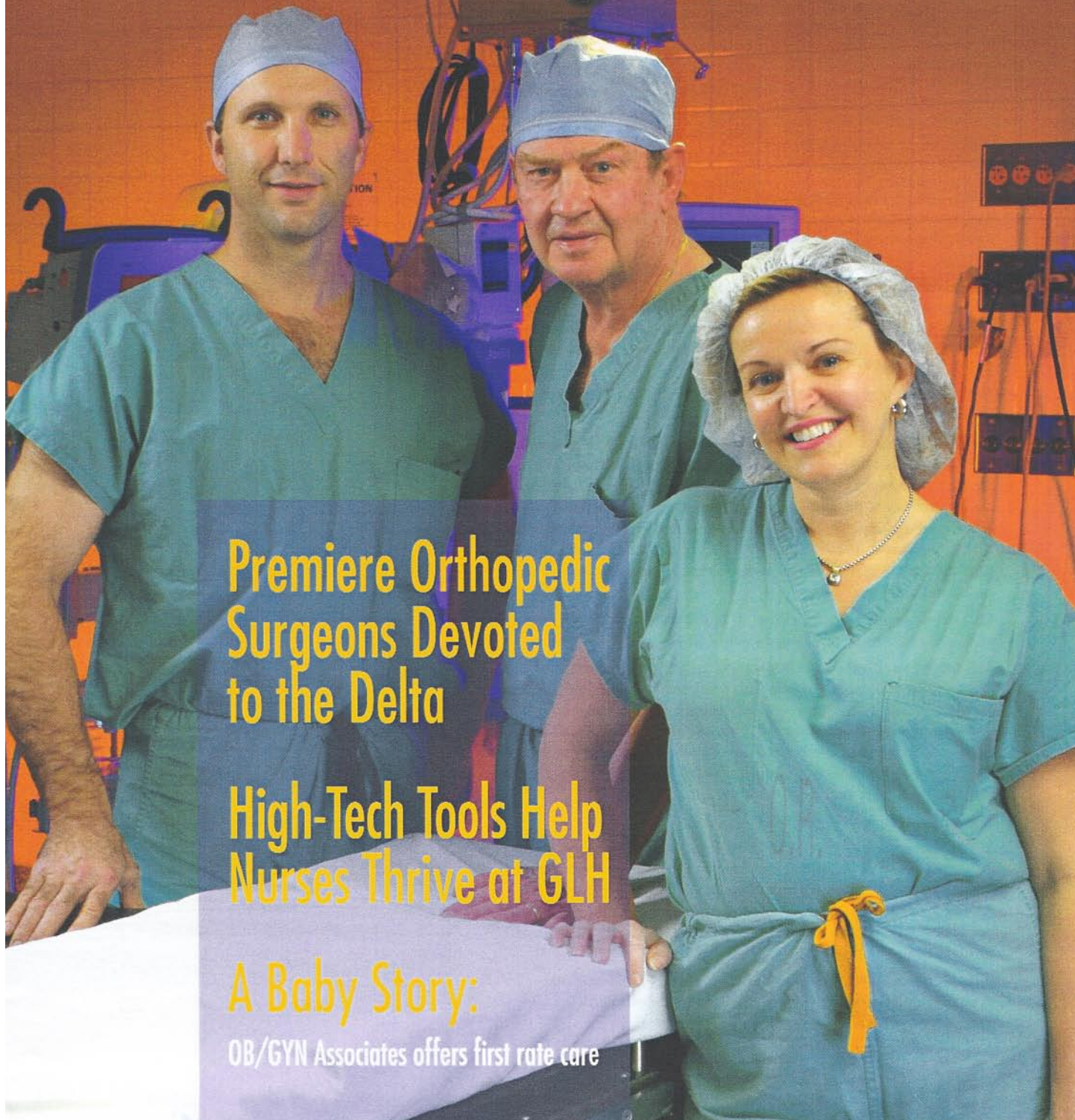




GREENWOOD LEFLORE HOSPITAL

SPRING 2007

Vital Signs



Premiere Orthopedic
Surgeons Devoted
to the Delta

High-Tech Tools Help
Nurses Thrive at GLH

A Baby Story:

OB/GYN Associates offers first rate care



At GLH we realize that invasive surgery is not always the answer. Our staff is committed to offering our patients the least invasive and most effective options to treat patients symptoms.

Sinus Troubles?

There may be more to it than allergies. Sinusitis is a condition that causes the sinuses to swell and clog, causing pain, discharge, trouble breathing, loss of smell, headache, and fatigue. Until now, a patient with sinusitis had just two options: antibiotics and topical steroids or invasive surgery.

Sinus sufferers now have the option of a new procedure called balloon sinuplasty. With balloon sinuplasty, there is no incision, minimal bleeding and faster recovery than traditional invasive sinus surgery.

A New Treatment for Prostate Cancer

Invasive surgery is not always the best or last option. A new treatment called cryoablation is controlled freezing of a cancerous area in order to destroy cancer cells. It is most commonly used to treat prostate cancer but can also destroy small kidney tumors.

During prostate cryoablation, the surrounding connective tissue and the smallest blood vessels are affected, causing inadequate blood supply that is believed to slow the growth of cancer. Following this type of treatment the patient is usually kept overnight, allowed some food and encouraged to walk. The patient is usually discharged the

next morning with a catheter in place for drainage. Most patients are able to urinate in about 10 to 15 days but some may require longer recovery periods. Oral antibiotics may also be given for 10 to 14 days.

Cryoablation therapy offers a minimally invasive procedure with favorable success and complication rates. It also offers a short recuperation period and is less than half the cost of the traditional treatment.

Post-Surgery Pain Management

If you, a friend, or a family member is having surgery, you probably know the recovery process can sometimes be long and painful. But it doesn't have to be that way.

The anesthesia team at Greenwood Leflore Hospital is now administering the ON-Q C-bloc continuous nerve blocks that offer pain relief up to five days after surgery. With this new system, anesthesiologists and nurse anesthetists are using a small balloon-like pump that is filled with a local anesthetic. The ON-Q is attached to a catheter, placed near your incision, and automatically delivers medicine to the nerves on or around the surgical site. The pump is completely portable and can deliver medication anywhere from two to five days. When the infusion is complete, the catheter will be removed and the pump is thrown away.

Patients who have these continuous nerve blocks require less narcotic use as opposed to those without a continuous nerve block. Patients are moving quicker and show more improvement with physical therapy activities, making the recovery period less intense.

If you are looking for pain relief after surgery and want to decrease the amount of post-operative narcotic use, or an alternative to narcotics all together, ask your anesthesia provider about the ON-Q C-block. At Greenwood Leflore Hospital you can have the results that you desire with the recovery you deserve.