

# Marietta Daily Journal

## Local surgeons using new pain relief method

From wire reports

**MARIETTA** — Dr. **Richard Cohen**, MD, director of the Wellstar Kennestone Total Joint Replacement, along with his other total joint surgeons and the Department of Anesthesia, led by Dr. **Tom Adair**, have introduced a new way to minimize total knee and hip replacement patients' post-surgical pain. They are using a continuous peripheral nerve block called the ON-Q C-bloc.

Cohen said this is a better alternative to traditional pill or IV narcotic use for pain relief, which often comes with side effects of nausea, vomiting, confusion and grogginess.

"Our patients are virtually pain-free, respond more favorably, take significantly less pain medicine and leave the hospital sooner than before. This new pain control system has a myriad of significant benefits and has redefined recovery for our patients," Cohen said.

The disposable pump continuously infuses a local anesthetic through small catheters to the nerves that transmit the pain. Adair uses a nerve stimulator to locate the nerves and places the catheters close to them to significantly reduce pain.

Cohen received his MD at Jefferson Medical College and residency at the University of Pennsylvania. His practice focus is in arthritic reconstructive surgery of the hip and knee.